

# RED SEAL STUDY GUIDE HAIR STYLIST YEAR 1

**25 EXAM PREP QUESTIONS  
WITH ANSWERS**



APPRENTICES | INSTRUCTORS | INSTITUTES

[RedSealStudyGuide.ca](http://RedSealStudyGuide.ca)

UNITY CREST SOLUTIONS INC.

# INTRODUCTION

## Introducing the Red Seal Study Guide – Hairstylist

Ready to dive into the world of Hairstylist? Meet your ultimate companion – the Red Seal Study Guide for Hairstylists. This practical booklet is your go-to practice tool to conquer your Hairstylist exam.

Presented in an easy Q&A format, this guide lets you preview the kinds of questions you'll tackle on the real exam day. Consider it a sneak peek into what's coming your way!

Inside its pages, you'll find a treasure trove of Hairstylist essentials. It's more than just answering questions – it's about truly grasping the basics of Hairstylist in a way that sticks. Whether you're starting fresh or aiming to refine your skills, this guide has got you covered.

So, get set to challenge yourself, learn in a breeze, and build up your Hairstylist expertise. With the Red Seal Study Guide, you're all set to take that significant stride toward becoming a certified Hairstylist.

Ready to get started? For more information, tips, and resources, head over to [www.RedSealStudyGuide.ca](http://www.RedSealStudyGuide.ca)  
Hairstylist success starts here – dive in!



# DISCLAIMER

## Study Guide Disclaimer: Important Notice

The Red Seal Study Guide – Hairstylist is a reference tool meant to enhance your exam preparation. It offers insights into potential question formats. However, it's vital to know that this guide should complement, not replace, official government-issued study materials.

For comprehensive readiness, we recommend using both this guide and official resources provided by relevant authorities. Please note that this guide covers exams across Canadian provinces, but slight content variations might exist.

For your best chance at success, ensure a well-rounded preparation approach that includes official materials.

Good luck on your path to becoming a certified Hairstylist!

For more information, tips, and resources,  
head over to [www.RedSealStudyGuide.ca](http://www.RedSealStudyGuide.ca)  
Let's craft your future together!



**1. When combing a newly set wig, use a**

- A: Natural bristle
- B: Comb narrow-tooth
- C: Wire-brush
- D: Wide-tooth comb

**2. Proper posture involves swaying your spine from back to front, straight.**

- A: Bent
- B: Curved
- C: Straight
- D: Round

**3. Todd's client has short hair. His client wants a perm. Todd must determine if his client's hair is long enough to curl. How many times must hair wrap around the tool for a permanent wave to curl completely?**

- A: 1.5 times
- B: 2.0 times
- C: 2.5 times
- D: 1.0 times

**4. The following are examples of shampoo conditioning agents: EXCEPT citric acid oleyl alcohol**

- A: Biotin
- B: Protein
- C: Citric Acid
- D: Aloe Vera

**5. Which sculpting tool creates a crisp, blunt edge?**

- A: Taper shears
- B: Clippers
- C: Razor
- D: Shears

See answers on the next page.



1. ☐ A ☐ B ☐ C ☒ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

2. ☐ A ☐ B ☒ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

3. ☐ A ☐ B ☒ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

4. ☐ A ☐ B ☒ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

5. ☒ A ☐ B ☐ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



**6. Cut hair in part 1 after splitting it into sections.**

- A: Nape guideline hair length
- B: Blunt cut sections
- C: Cut hair in section one
- D: Taper the ends

**7. Lighter hair color individuals contain melanin in the cuticle, cortex, and medulla alone.**

- A: Cuticle only
- B: Cortex only
- C: Cuticle and cortex
- D: Medulla alone

**8. Heat is used to install fusion extensions, yet it doesn't damage hair.**

- A: False
- B: True

**9. Skin has three layers: dermis, subcutaneous, and epidermis. The epidermis is the primary skin layer.**

- A: Outermost
- B: Innermost
- C: Middle
- D: Bottom

**10. To maintain a clean pressing comb, wipe it off with antiseptic before and after use**

- A: Sterilize it
- B: Wash it with soap and hot water
- C: Wipe it clean
- D: Disinfect it

See answers on the next page.



6. ☒ A ☐ B ☐ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

7. ☐ A ☒ B ☐ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

8. ☐ A ☒ B ☐ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

9. ☒ A ☐ B ☐ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

10. ☐ A ☐ B ☒ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



**11. An ombre can look like grown-out roots if the two colors meet too high in your hair.**

A: True

B: False

**12. Salon managers need financial expertise.**

A: True

B: False

**13. No toner is needed if you lighten your hair slightly.**

A: True

B: False

**14. Processing time for wave lotion varies on hair structure and**

A: Porosity and texture

B: Texture

C: Length

D: Density

**15. Which tool cleans under the toenail?**

A: Pumice stone

B: Use cuticle nipper

C: Curette

D: Block buffer

See answers on the next page.



11. ☒ A ☐ B ☐ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

12. ☒ A ☐ B ☐ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

13. ☐ A ☒ B ☐ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

14. ☒ A ☐ B ☐ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

15. ☐ A ☐ B ☒ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



**16. Children's hair must be dripping wet when braided.**

A: False

B: True

**17. Light, relaxing massage strokes are**

A: Friction

B: Petrissage

C: Kneading

D: Effleurage

**18. We use pressure during the scalp massage to ease client tension and allow them to enjoy the shampoo.**

A: True

B: False

**19. Trim hair every 4–6 weeks to maintain it healthy.**

A: False

B: True

**20. If your hair is fragile or dry, wait for color until it's healthier. Going from light to dark is less damaging than dark to light.**

A: True

B: False

See answers on the next page.



16. ☒ A ☐ B ☐ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

17. ☐ A ☐ B ☐ C ☒ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

18. ☒ A ☐ B ☐ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

19. ☐ A ☒ B ☐ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

20. ☒ A ☐ B ☐ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



**21. To assist a child client, you will need two people. One person should keep the child entertained and still.**

- A: True
- B: False

**22. The purpose of the strand test is**

- A: How the tint looks
- B: Whether pretreatment is needed
- C: How will be the result
- D: Check hair thickness

**23. Which of the following is a contagious fungus-led skin disease?**

- A: Ringworm
- B: Tuberculosis
- C: AIDS
- D: Scabies

**24. What process decolorizes and tones hair?**

- A: Enhancing blond caps twice
- B: Tone recolors
- C: Bleaching and Toning
- D: Lightening and Color Correction

**25. What hair color product can lighten and deposit color in one step?**

- A: Hydrogen peroxide
- B: Natural henna
- C: Semi-permanent hair colors
- D: Oxidative hair color



21. ☒ A ☐ B ☐ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

22. ☐ A ☐ B ☒ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

23. ☒ A ☐ B ☐ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

24. ☒ A ☐ B ☐ C ☐ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

25. ☐ A ☐ B ☐ C ☒ D

Note: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



- 1). (A) (B) (C) (D)
- 2). (A) (B) (C) (D)
- 3). (A) (B) (C) (D)
- 4). (A) (B) (C) (D)
- 5). (A) (B) (C) (D)
- 6). (A) (B) (C) (D)
- 7). (A) (B) (C) (D)
- 8). (A) (B) (C) (D)
- 9). (A) (B) (C) (D)
- 10). (A) (B) (C) (D)
- 11). (A) (B) (C) (D)
- 12). (A) (B) (C) (D)
- 13). (A) (B) (C) (D)
- 14). (A) (B) (C) (D)
- 15). (A) (B) (C) (D)
- 16). (A) (B) (C) (D)
- 17). (A) (B) (C) (D)
- 18). (A) (B) (C) (D)
- 19). (A) (B) (C) (D)
- 20). (A) (B) (C) (D)
- 21). (A) (B) (C) (D)
- 22). (A) (B) (C) (D)
- 23). (A) (B) (C) (D)
- 24). (A) (B) (C) (D)
- 25). (A) (B) (C) (D)





Kris & Bobby Publications.