

# RED SEAL STUDY GUIDE HAIR STYLIST YEAR 3

**250 EXAM PREP QUESTIONS  
WITH ANSWERS**



APPRENTICES | INSTRUCTORS | INSTITUTES

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UNITY CREST SOLUTIONS INC.

# INTRODUCTION

## Introducing the Red Seal Study Guide – Hairstylist

Ready to dive into the world of Hairstylist? Meet your ultimate companion – the Red Seal Study Guide for Hairstylists. This practical booklet is your go-to practice tool to conquer your Hairstylist exam.

Presented in an easy Q&A format, this guide lets you preview the kinds of questions you'll tackle on the real exam day. Consider it a sneak peek into what's coming your way!

Inside its pages, you'll find a treasure trove of Hairstylist essentials. It's more than just answering questions – it's about truly grasping the basics of Hairstylist in a way that sticks. Whether you're starting fresh or aiming to refine your skills, this guide has got you covered.

So, get set to challenge yourself, learn in a breeze, and build up your Hairstylist expertise. With the Red Seal Study Guide, you're all set to take that significant stride toward becoming a certified Hairstylist.

Ready to get started? For more information, tips, and resources, head over to [www.RedSealStudyGuide.ca](http://www.RedSealStudyGuide.ca)  
Hairstylist success starts here – dive in!



# DISCLAIMER



## **Study Guide Disclaimer: Important Notice**

The Red Seal Study Guide – Hairstylist is a reference tool meant to enhance your exam preparation. It offers insights into potential question formats. However, it's vital to know that this guide should complement, not replace, official government-issued study materials.

For comprehensive readiness, we recommend using both this guide and official resources provided by relevant authorities. Please note that this guide covers exams across Canadian provinces, but slight content variations might exist.

For your best chance at success, ensure a well-rounded preparation approach that includes official materials.

Good luck on your path to becoming a certified Hairstylist!

For more information, tips, and resources,  
head over to [www.RedSealStudyGuide.ca](http://www.RedSealStudyGuide.ca)  
Let's craft your future together!



**1. One advantage of curling your hair with a flat iron is that you can obtain a consistent curl every time.**

- A: True
- B: False

**2. You would press the ridge to highlight it in a finger wave.**

- A: In opposition to the comb
- B: Between the fingers and the comb
- C: Between your fingertips
- D: Against the head

**3. A finishing rinse is used after coloring hair with a lightener and toner to close the cuticle and seal the hair.**

- A: To acquire the correct color
- B: Alter the pH of the hair
- C: Pause the lighting process
- D: Add highlights

**4. The pigment responsible for hair color is found principally in the:**

- A: Cuticle
- B: Cortex
- C: Papilla
- D: Medulla

**5. Which of the following substances is utilized in the manufacturing of numerous sculptured nail products?**

- A: Ethyl Methacrylate
- B: Boric Acid
- C: Alum
- D: Phenylenediamine

See answers on the next page.



1. ☒ A ☐ B ☐ C ☐ D

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**6. When applying hair extensions, use a hot glue gun and cool the adhesive just enough not to burn the scalp.**

A: True

B: False

**7. A is another name for the overlap method of wrapping hair for a permanent wave service.**

A: The Bookend Method

B: Double Bookend Method

C: Spiral Method

D: Croquignole Method

**8. A deposit-only hair color is:**

A: an oxidative hair color

B: An oxidative hair color without ammonia

C: solution of bleach and hydrogen peroxide

D: A semipermanent color

**9. The process of molding and manipulating the hair into an S-shaped wave pattern using fingers, combs, and lotion.**

A: Thermal evaporation

B: Waving your fingers

C: Wet setting

D: Thermal curling

**10. Hair grows, rests, and sheds in a predictable pattern.**

A: True

B: False

See answers on the next page.



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**11. Polish shouldn't chip if the nail technician uses a**

- A: Topcoat
- B: Nail Dry
- C: Dry Powder
- D: Base Coat

**12. A(n) is the distance between two lines or surfaces that cross at a point:**

- A: Angle
- B: Bevel
- C: Cast
- D: Apex

**13. Which hair-brushing assertion is true?**

- A: Clients with inflamed scalps should not be brushed
- B: Consider using natural bristle brushes for hair style
- C: For hair combing, nylon bristle brushes are recommended
- D: Each hair part should be brushed three times before moving on

**14. Which hair-lightening assertion is true?**

- A: Lightening doesn't affect hair porosity
- B: Lighteners don't remove shades
- C: Extreme lightening can harm dark hair
- D: Hair lighteners are first-stage treatments, never used alone

**15. Salon owners should require additional training to ensure high-quality work and current requirements.**

- A: True
- B: False

See answers on the next page.



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**16. Using a cream rinse sometimes**

- A: Prevents shampoo accumulation on the scalp
- B: Corrects hair and scalp pH
- C: Make hair smoother and combable
- D: Remove mild dandruff

**17. Which hair type needs the least heat and pressure for thermal straightening?**

- A: Medium Hair
- B: Fine Hair
- C: Coarse Hair
- D: Wiry Hair

**18. The visible line connecting hair ends in a haircut is:**

- A: Guideline
- B: Graded line
- C: Static line
- D: Weight line

**19. Which one-length cut has shorter hair on the outside and longer on the inside?**

- A: Solid
- B: Increased-Leveled
- C: Uniformly Layered
- D: Graded

**20. When using curling irons, avoid using combs made of:**

- A: Firm Rubber
- B: Nonflammable Materials
- C: Heat-Resistant
- D: Metal or Celluloid

See answers on the next page.



16. ☐ A ☐ B ☒ C ☐ D

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**21. Fungi cause which disease?**

- A: Ringworm
- B: AIDS
- C: Pedicle
- D: Scabies

**22. A patch test should be conducted to identify if a client is allergic to aniline derivative tints.**

- A: 24 hours before hair coloring
- B: One hour before hair coloring
- C: Immediately after hair coloring
- D: Immediately before hair coloring

**23. Sudden hair loss in round or uneven patches without visible scalp inflammation is called:**

- A: Telogen effluvium
- B: Alopecia areata
- C: Postpartum alopecia
- D: Traumatic alopecia

**24. A half-base curl is formed by holding the hair at an angle of**

- A: 135 degrees
- B: 125 degrees
- C: 70 degrees
- D: 90 degrees

**25. Which of the following statements concerning hair growth is FALSE?**

- A: With aging, the rate of hair growth slows
- B: Hair grows at a rate of roughly 1/2 inch every month
- C: Hair grows at the same pace in all areas of the body
- D: Men and women grow their hair at different rates



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