

RED SEAL STUDY GUIDE HAIR STYLIST YEAR 4

25 EXAM PREP QUESTIONS
WITH ANSWERS



APPRENTICES | INSTRUCTORS | INSTITUTES

RedSealStudyGuide.ca

UNITY CREST SOLUTIONS INC.

INTRODUCTION

Introducing the Red Seal Study Guide – Hairstylist

Ready to dive into the world of Hairstylist? Meet your ultimate companion – the Red Seal Study Guide for Hairstylists. This practical booklet is your go-to practice tool to conquer your Hairstylist exam.

Presented in an easy Q&A format, this guide lets you preview the kinds of questions you'll tackle on the real exam day. Consider it a sneak peek into what's coming your way!

Inside its pages, you'll find a treasure trove of Hairstylist essentials. It's more than just answering questions – it's about truly grasping the basics of Hairstylist in a way that sticks. Whether you're starting fresh or aiming to refine your skills, this guide has got you covered.

So, get set to challenge yourself, learn in a breeze, and build up your Hairstylist expertise. With the Red Seal Study Guide, you're all set to take that significant stride toward becoming a certified Hairstylist.

Ready to get started? For more information, tips, and resources, head over to www.RedSealStudyGuide.ca
Hairstylist success starts here – dive in!



DISCLAIMER

Study Guide Disclaimer: Important Notice

The Red Seal Study Guide – Hairstylist is a reference tool meant to enhance your exam preparation. It offers insights into potential question formats. However, it's vital to know that this guide should complement, not replace, official government-issued study materials.

For comprehensive readiness, we recommend using both this guide and official resources provided by relevant authorities. Please note that this guide covers exams across Canadian provinces, but slight content variations might exist.

For your best chance at success, ensure a well-rounded preparation approach that includes official materials.

Good luck on your path to becoming a certified Hairstylist!

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Let's craft your future together!



1. In what sequence do the three stages of hair growth occur?

- A: Anagen, Telogen, Catagen
- B: Telogen, Catagen, And Anagen
- C: Alopecia, Telogen, Telegenic
- D: Canities, Anagen, Cataphoresis

2. Which of the following is an epilator therapy that requires the use of a thick-based product suitable for sensitive skin?

- A: Depilatory
- B: Cold Wax
- C: Beeswax
- D: Sugaring

3. Exfoliating can help reduce the likelihood of ingrown hairs.

- A: True
- B: False

4. The bone that protrudes from the base of the cranium is known as the:

- A: Occipital bone
- B: Orbital bone
- C: Parietal ridge
- D: Nape

5. Threading is an ancient Indian process that has gained popularity in several places.

- A: True
- B: False

See answers on the next page.



1. ☐ A ☒ B ☐ C ☐ D

Note: _____

2. ☐ A ☐ B ☐ C ☒ D

Note: _____

3. ☒ A ☐ B

Note: _____

4. ☒ A ☐ B ☐ C ☐ D

Note: _____

5. ☒ A ☐ B

Note: _____



6. The blow dryer attachment that focuses the air flow to a narrow region is known as the:

- A: Nozzle
- B: Handle
- C: Concentrator
- D: Diffuser

7. Your hair will grow faster if you add lemon juice to your mud bath.

- A: True
- B: False

8. A general scalp treatment's objective is to

- A: Eradicate dandruff and itchy scalp
- B: Get the client ready for electrolysis
- C: Treat infectious skin diseases
- D: Maintain the scalp and hair's health

9. To be effective as a disinfectant, ethyl alcohol must be used in a solution containing

- A: 60% alcohol
- B: 50% alcohol
- C: 70% alcohol
- D: 40% alcohol

10. The pigment, or color, of the hair, is found in its:

- A: Epidermal
- B: Cuticle
- C: Cortex
- D: Medulla

See answers on the next page.



6. ☐ A ☐ B ☒ C ☐ D

Note: _____

7. ☐ A ☒ B

Note: _____

8. ☐ A ☐ B ☐ C ☒ D

Note: _____

9. ☐ A ☐ B ☒ C ☐ D

Note: _____

10. ☐ A ☐ B ☒ C ☐ D

Note: _____



11. Which microbes are dispersed via the air and are incapable of moving on their own?

- A: The micro spiral
- B: Treponema
- C: The streptococci
- D: Mycobacterium tuberculosis

12. The scissors-over-comb technique uses which comb for close tapers?

- A: Barber comb
- B: Tail comb
- C: Styling comb
- D: Wide-tooth comb

13. Hair removal with the electrical current that damages hair growth cells is called

- A: Laser
- B: Electrolysis
- C: Electromagnetism
- D: Photo epilation

14. The direction hair grows from the scalp to fall naturally is:

- A: Parallel section
- B: Fringe area
- C: The outermost perimeter
- D: Growth pattern

15. The direction in which the hair grows is determined by

- A: Shape of the hair follicle
- B: Thickness of the scalp
- C: Cross-sectional shape of the hair shaft
- D: Health of the skin and hair

See answers on the next page.



11. ☐ A ☐ B ☒ C ☐ D

Note: _____

12. ☒ A ☐ B ☐ C ☐ D

Note: _____

13. ☐ A ☒ B ☐ C ☐ D

Note: _____

14. ☐ A ☐ B ☐ C ☒ D

Note: _____

15. ☒ A ☐ B ☐ C ☐ D

Note: _____



16. Surfactants that emulsify oil and water.

- A: Chamomile
- B: Fatty Acids
- C: Emulsifiers
- D: Aloe Vera

17. The color wheel identifies three primary colors:

- A: Yellow, orange, blue
- B: Red, blue, yellow
- C: Red, yellow, purple
- D: Orange, green, yellow

18. Which response may cause a light color result?

- A: Color formula equal proportions
- B: The color formula was too light
- C: Too low developer strength
- D: Didn't decolorize hair sufficiently

19. It is best to start with the cut when a client is receiving both a color and a cut.

- A: True
- B: False

20. You must move the flat iron swiftly over the hair to avoid burns or damage from remaining still for extended periods.

- A: True
- B: False

See answers on the next page.



16. ☐ A ☐ B ☒ C ☐ D

Note: _____

17. ☐ A ☒ B ☐ C ☐ D

Note: _____

18. ☐ A ☒ B ☐ C ☐ D

Note: _____

19. ☐ A ☒ B

Note: _____

20. ☒ A ☐ B

Note: _____



21. What kind of chemicals do you use to clean your combs and brushes?

- A: Vinegar
- B: Barbicide
- C: Bleach
- D: Cleaning with alcohol

22. Which hair removal treatment does not strengthen hair?

- A: Tweezing electronically
- B: Tweezing
- C: Chemical depilation
- D: Waxing

23. Hair strands have three components. Hair strands have an outermost layer called the.

- A: Membrane
- B: Cuticle
- C: Medulla
- D: Cortex

24. Sebaceous glands secrete fat like lanolin, a wool byproduct.

- A: Sheep
- B: Goats
- C: Llamas
- D: Camels

25. Deep muscle rubbing is the same as

- A: Kneading
- B: Effleurage
- C: Wringing
- D: Percussion



21. ☐ A ☒ B ☐ C ☐ D

Note: _____

22. ☐ A ☐ B ☒ C ☐ D

Note: _____

23. ☐ A ☒ B ☐ C ☐ D

Note: _____

24. ☒ A ☐ B ☐ C ☐ D

Note: _____

25. ☒ A ☐ B ☐ C ☐ D

Note: _____



- 1). (A) (B) (C) (D)
- 2). (A) (B) (C) (D)
- 3). (A) (B) (C) (D)
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- 24). (A) (B) (C) (D)
- 25). (A) (B) (C) (D)





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